

Reflection for Life

A small group exploration of faith and life over five summer Mondays

10.15am for coffee, 10.30 - 12noon 3, 17, 31 July and 14, 28 August
Indoors, in the summerhouse and in the garden



Reflective Spaces

www.reflectivespaces.org.uk

Enquiries and booking:

reflectivespaces@yahoo.co.uk

07952 198379

For people who have some experience of one or more of the following:

- A Retreat in Daily Life
- Spiritual Direction
- Quiet Days
- Growth in Prayer course or similar
- Exploring - or wanting to explore - their own prayer life

This group is rooted in a broad Christian tradition and will draw on scripture, nature, spiritual writers and poets, creativity and conversation to grow in awareness and in sharing our journey together. The aim is to help the interweaving of faith and life. As life turns like a spiral, our time together may be one way to revisit themes, questions and experiences in a deeper way. We will try out different ways of praying and reflecting, individually and together, and the group will be shaped by its member's own interests and suggestions.

Group of between 3 and 5 people, in Warriston Drive, north Edinburgh.
£15 per session with a commitment across five dates. You are greatly encouraged to come to all dates; if you know at the time of booking you need to miss one date you will not be charged for this, thereafter the commitment of £15 is to all dates. Early bird rate of £70 for 5 sessions if paid in full by 12 June.

Facilitated by Elizabeth White, a spiritual director and pastoral supervisor who offers individual sessions and groupwork. She also coordinates the 'Adventures in Faith' adult learning programme for the Diocese of Edinburgh.